

First Aid Kit

Your first aid kit must include the following supplies:

- First Aid Guide
- Band-Aids (different sizes)
- Tweezers for surface splinters
- Sterile gauze pads (2, 3, and 4 inch sizes)
- Roller bandages
- Large triangular bandage
- Adhesive tape
- Small scissors
- Gloves (Nitrile or latex, non-powdered)
- CPR mouth barrier
- Ipecac Syrup*: It isn't necessary to include Ipecac Syrup in every first aid kit, but a minimum of 2 bottles of Ipecac Syrup (unexpired) should be available in your center or family home.

We recommend removing bandages from boxes and storing in zip lock bags. This save space and keeps bandages dry.

Additions for Travel Kit

A fully stocked First Aid Kit will be taken on all field trips and playground trips and will be kept in each vehicle used to transport children. These travel first aid kits will **also** contain:

- Liquid Soap - paper towels
- Chemical Ice (non- toxic)
- Water
- Change for phone calls or a cell phone
- Copies of "Consent for Emergency Treatment"
- Copies of "Parent and Emergency Contact" #s

REMINDER: Medicines for acute conditions (e.g. inhalers, Epi-Pen, etc.) must be taken but kept separate from the first aid kit. No first aid sprays/ointments or other medications are to be kept in the kit.

***Syrup of Ipecac** is administered only after calling Poison Control, 1-800-222-1222. Because it is a medication it must be inaccessible to children at all times.



First Aid Kit Inspection Checklist

	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
First Aid Guide											
Band-Aids (different sizes)											
Tweezers for surface splinters											
Sterile gauze pads (2, 3, and 4 inch sizes)											
Roller bandages											
Large triangular bandage											
Adhesive tape											
Small scissors											
Gloves (Nitrile or latex, non-powdered)											
CPR mouth barrier											
Ipecac Syrup (2 unexpired bottles per center or family home)											